

| K12 (4) | | 2,1 km 0 m | | 8 PK | | | | | | | | | |
|---------|--------------------|------------|--------|--------|--------|---------|---------|---------|---------|---------|---------|------|--|
| L.p. | Imię i nazwisko | Czas | | 1(51) | 2(52) | 3(41) | 4(55) | 5(59) | 6(57) | 7(58) | 8(60) | Meta | |
| 1 | Biskupska Julia | 17:16,0 | 2:20,0 | 3:49,0 | 6:21,0 | 9:32,0 | 14:29,0 | 15:07,0 | 16:13,0 | 16:54,0 | 17:16,0 | | |
| | WKS Wawel Kraków | | 2:20,0 | 1:29,0 | 2:32,0 | 3:11,0 | 4:57,0 | 0:38,0 | 1:06,0 | 0:41,0 | 0:22,0 | | |
| 2 | Zawada Zuzanna | 20:50,0 | 2:33,0 | 4:59,0 | 7:10,0 | 12:27,0 | 17:50,0 | 18:34,0 | 19:44,0 | 20:31,0 | 20:50,0 | | |
| | WKS Wawel Kraków | | 2:33,0 | 2:26,0 | 2:11,0 | 5:17,0 | 5:23,0 | 0:44,0 | 1:10,0 | 0:47,0 | 0:19,0 | | |
| 3 | Oliynyk Yelyzaveta | 24:07,0 | 2:20,0 | 4:13,0 | 7:11,0 | 15:29,0 | 21:02,0 | 21:43,0 | 23:03,0 | 23:44,0 | 24:07,0 | | |
| | WKS Wawel Kraków | | 2:20,0 | 1:53,0 | 2:58,0 | 8:18,0 | 5:33,0 | 0:41,0 | 1:20,0 | 0:41,0 | 0:23,0 | | |
| 4 | Moszkowicz Julia | 27:40,0 | 2:06,0 | 4:47,0 | 8:05,0 | 12:36,0 | 23:03,0 | 24:11,0 | 26:17,0 | 27:12,0 | 27:40,0 | | |
| | WKS Wawel Kraków | | 2:06,0 | 2:41,0 | 3:18,0 | 4:31,0 | 10:27,0 | 1:08,0 | 2:06,0 | 0:55,0 | 0:28,0 | | |

| M12 (2) | | 2,3 km 0 m | | 9 PK | | | | | | | | | |
|---------|-----------------------|------------|--------|--------|---------|---------|---------|---------|---------|---------|---------|---------|------|
| L.p. | Imię i nazwisko | Czas | | 1(51) | 2(52) | 3(41) | 4(55) | 5(50) | 6(59) | 7(57) | 8(58) | 9(60) | Meta |
| 1 | Chodlewski Antoni | 18:52,0 | 1:50,0 | 3:42,0 | 5:53,0 | 9:42,0 | 14:59,0 | 15:41,0 | 16:55,0 | 17:40,0 | 18:31,0 | 18:52,0 | |
| | KS Kościelec Chrzanów | | 1:50,0 | 1:52,0 | 2:11,0 | 3:49,0 | 5:17,0 | 0:42,0 | 1:14,0 | 0:45,0 | 0:51,0 | 0:21,0 | |
| 2 | Grzegorzczak Borys | 31:24,0 | 2:03,0 | 6:37,0 | 10:20,0 | 16:02,0 | 23:12,0 | 24:48,0 | 28:19,0 | 30:11,0 | 31:03,0 | 31:24,0 | |
| | WKS Wawel Kraków | | 2:03,0 | 4:34,0 | 3:43,0 | 5:42,0 | 7:10,0 | 1:36,0 | 3:31,0 | 1:52,0 | 0:52,0 | 0:21,0 | |

| K14 (6) | | 2,6 km 0 m | | 12 PK | | | | | | | | | | | | |
|---------|----------------------------|------------|--------|--------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|------|
| L.p. | Imię i nazwisko | Czas | | 1(51) | 2(33) | 3(31) | 4(39) | 5(36) | 6(37) | 7(53) | 8(42) | 9(49) | 10(48) | 11(58) | 12(60) | Meta |
| 1 | Niessner Pola | 24:07,0 | 1:35,0 | 6:50,0 | 8:49,0 | 10:52,0 | 11:37,0 | 13:12,0 | 15:43,0 | 16:23,0 | 19:36,0 | 21:35,0 | 23:18,0 | 23:50,0 | 24:07,0 | |
| | WKS Wawel Kraków | | 1:35,0 | 5:15,0 | 1:59,0 | 2:03,0 | 0:45,0 | 1:35,0 | 2:31,0 | 0:40,0 | 3:13,0 | 1:59,0 | 1:43,0 | 0:32,0 | 0:17,0 | |
| 2 | Pudełek Jowita | 28:13,0 | 2:07,0 | 3:49,0 | 5:49,0 | 8:16,0 | 9:11,0 | 11:05,0 | 15:56,0 | 16:37,0 | 22:43,0 | 25:31,0 | 27:18,0 | 27:54,0 | 28:13,0 | |
| | LKS Górzanka Nawojowa Góra | | 2:07,0 | 1:42,0 | 2:00,0 | 2:27,0 | 0:55,0 | 1:54,0 | 4:51,0 | 0:41,0 | 6:06,0 | 2:48,0 | 1:47,0 | 0:36,0 | 0:19,0 | |
| 3 | Skorupa Maja | 28:54,0 | 1:41,0 | 4:35,0 | 7:47,0 | 10:42,0 | 11:28,0 | 12:48,0 | 17:51,0 | 18:45,0 | 23:26,0 | 26:13,0 | 28:00,0 | 28:36,0 | 28:54,0 | |
| | LKS Górzanka Nawojowa Góra | | 1:41,0 | 2:54,0 | 3:12,0 | 2:55,0 | 0:46,0 | 1:20,0 | 5:03,0 | 0:54,0 | 4:41,0 | 2:47,0 | 1:47,0 | 0:36,0 | 0:18,0 | |
| 4 | Rajca Luiza | 34:31,0 | 2:02,0 | 6:56,0 | 10:10,0 | 13:01,0 | 14:03,0 | 15:40,0 | 21:22,0 | 22:34,0 | 28:23,0 | 31:31,0 | 33:31,0 | 34:11,0 | 34:31,0 | |
| | KS Kościelec Chrzanów | | 2:02,0 | 4:54,0 | 3:14,0 | 2:51,0 | 1:02,0 | 1:37,0 | 5:42,0 | 1:12,0 | 5:49,0 | 3:08,0 | 2:00,0 | 0:40,0 | 0:20,0 | |
| 5 | Moszkowicz Anna | 35:16,0 | 3:35,0 | 9:50,0 | 11:55,0 | 14:24,0 | 15:18,0 | 17:14,0 | 21:51,0 | 22:45,0 | 28:59,0 | 31:48,0 | 34:02,0 | 34:54,0 | 35:16,0 | |
| | WKS Wawel Kraków | | 3:35,0 | 6:15,0 | 2:05,0 | 2:29,0 | 0:54,0 | 1:56,0 | 4:37,0 | 0:54,0 | 6:14,0 | 2:49,0 | 2:14,0 | 0:52,0 | 0:22,0 | |
| 6 | Słońska Antonina | 42:42,0 | 1:50,0 | 3:36,0 | 11:44,0 | 14:33,0 | 15:15,0 | 17:21,0 | 22:47,0 | 23:35,0 | 36:56,0 | 39:42,0 | 41:35,0 | 42:23,0 | 42:42,0 | |
| | WKS Wawel Kraków | | 1:50,0 | 1:46,0 | 8:08,0 | 2:49,0 | 0:42,0 | 2:06,0 | 5:26,0 | 0:48,0 | 13:21,0 | 2:46,0 | 1:53,0 | 0:48,0 | 0:19,0 | |

| M14 (8) | | 2,9 km 0 m | | 13 PK | | | | | | | | | | | | | |
|---------|----------------------------|------------|--------|--------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|------|
| L.p. | Imię i nazwisko | Czas | | 1(46) | 2(45) | 3(32) | 4(31) | 5(39) | 6(36) | 7(37) | 8(42) | 9(54) | 10(49) | 11(47) | 12(58) | 13(60) | Meta |
| 1 | Ślusarczyk Piotr | 31:14,0 | 1:33,0 | 3:15,0 | 6:14,0 | 8:20,0 | 10:45,0 | 11:30,0 | 18:37,0 | 20:43,0 | 21:35,0 | 25:18,0 | 27:23,0 | 30:29,0 | 30:58,0 | 31:14,0 | |
| | LKS Górzanka Nawojowa Góra | | 1:33,0 | 1:42,0 | 2:59,0 | 2:06,0 | 2:25,0 | 0:45,0 | 7:07,0 | 2:06,0 | 0:52,0 | 3:43,0 | 2:05,0 | 3:06,0 | 0:29,0 | 0:16,0 | |
| 2 | Trębacz Antoni | 34:47,0 | 2:25,0 | 5:16,0 | 7:43,0 | 10:07,0 | 12:55,0 | 14:04,0 | 15:49,0 | 22:24,0 | 23:30,0 | 28:09,0 | 30:41,0 | 33:49,0 | 34:32,0 | 34:47,0 | |
| | KS Kościelec Chrzanów | | 2:25,0 | 2:51,0 | 2:27,0 | 2:24,0 | 2:48,0 | 1:09,0 | 1:45,0 | 6:35,0 | 1:06,0 | 4:39,0 | 2:32,0 | 3:08,0 | 0:43,0 | 0:15,0 | |
| 3 | Żesławski Jakub | 37:33,0 | 2:36,0 | 6:17,0 | 10:40,0 | 14:51,0 | 19:06,0 | 20:16,0 | 21:54,0 | 24:05,0 | 25:32,0 | 30:15,0 | 32:45,0 | 36:22,0 | 37:11,0 | 37:33,0 | |
| | WKS Wawel Kraków | | 2:36,0 | 3:41,0 | 4:23,0 | 4:11,0 | 4:15,0 | 1:10,0 | 1:38,0 | 2:11,0 | 1:27,0 | 4:43,0 | 2:30,0 | 3:37,0 | 0:49,0 | 0:22,0 | |
| 4 | Bublik Piotr | 38:14,0 | 2:25,0 | 8:13,0 | 10:03,0 | 12:33,0 | 18:49,0 | 19:26,0 | 23:18,0 | 26:18,0 | 27:20,0 | 30:53,0 | 33:37,0 | 37:17,0 | 37:51,0 | 38:14,0 | |
| | WKS Wawel Kraków | | 2:25,0 | 5:48,0 | 1:50,0 | 2:30,0 | 6:16,0 | 0:37,0 | 3:52,0 | 3:00,0 | 1:02,0 | 3:33,0 | 2:44,0 | 3:40,0 | 0:34,0 | 0:23,0 | |

| | | | | | | | | | | | | | | | |
|-----------------------------------|------------------|--------|---------|---------|---------------|---------|---------------|---------|---------|---------------|---------------|---------|-----------|-----------|---------------|
| 5 Pisarek Kordian | 38:16,0 | 2:07,0 | 5:40,0 | 8:38,0 | 10:31,0 | 14:18,0 | 15:25,0 | 17:34,0 | 25:51,0 | 26:41,0 | 29:54,0 | 32:34,0 | 37:14,0 | 37:56,0 | 38:16,0 |
| WKS Wawel Kraków | | 2:07,0 | 3:33,0 | 2:58,0 | 1:53,0 | 3:47,0 | 1:07,0 | 2:09,0 | 8:17,0 | 0:50,0 | 3:13,0 | 2:40,0 | 4:40,0 | 0:42,0 | 0:20,0 |
| 6 Gracjan Mirek | 43:02,0 | 3:37,0 | 5:56,0 | 15:22,0 | 17:31,0 | 23:47,0 | 24:23,0 | 28:13,0 | 31:20,0 | 32:25,0 | 35:50,0 | 38:29,0 | 42:13,0 | 42:45,0 | 43:02,0 |
| LKS Górzanka Nawojowa Góra | | 3:37,0 | 2:19,0 | 9:26,0 | 2:09,0 | 6:16,0 | 0:36,0 | 3:50,0 | 3:07,0 | 1:05,0 | 3:25,0 | 2:39,0 | 3:44,0 | 0:32,0 | 0:17,0 |
| 7 Miśków Krzysztof | 1:03:52,0 | 3:03,0 | 6:21,0 | 9:11,0 | 14:21,0 | 16:57,0 | 18:04,0 | 20:25,0 | 47:05,0 | 51:25,0 | 55:57,0 | 58:54,0 | 1:02:24,0 | 1:03:37,0 | 1:03:52,0 |
| KS Kościelec Chrzanów | | 3:03,0 | 3:18,0 | 2:50,0 | 5:10,0 | 2:36,0 | 1:07,0 | 2:21,0 | 26:40,0 | 4:20,0 | 4:32,0 | 2:57,0 | 3:30,0 | 1:13,0 | 0:15,0 |
| | | | 22:28,0 | | | | | | | | | | | | |
| | | | *43 | | | | | | | | | | | | |

| | | | | | | | | | | | | | | | |
|----------------------------|----------------|--------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| pk Gawron Katarzyna | 59:58,0 | 2:36,0 | 5:31,0 | 13:29,0 | 28:12,0 | 38:25,0 | 39:21,0 | 41:33,0 | 45:15,0 | 46:50,0 | 52:16,0 | 55:16,0 | 58:54,0 | 59:34,0 | 59:58,0 |
| WKS Wawel Kraków | | 2:36,0 | 2:55,0 | 7:58,0 | 14:43,0 | 10:13,0 | 0:56,0 | 2:12,0 | 3:42,0 | 1:35,0 | 5:26,0 | 3:00,0 | 3:38,0 | 0:40,0 | 0:24,0 |
| | | | 57:28,0 | | | | | | | | | | | | |
| | | | *59 | | | | | | | | | | | | |

| K16 (3) | 3,3 km 0 m | 16 PK | | | | | | | | | | | | | | |
|-----------------------------------|-----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|--|
| L.p. | Imię i nazwisko | Czas | | | | | | | | | | | | | | |
| | | 1(46) | 2(32) | 3(40) | 4(34) | 5(39) | 6(36) | 7(37) | 8(35) | 9(44) | 10(43) | 11(53) | 12(42) | 13(49) | 14(50) | |
| | | 15(58) | 16(60) | Meta | | | | | | | | | | | | |
| 1 Słońska Zofia | 36:23,0 | 1:44,0 | 4:31,0 | 7:09,0 | 10:03,0 | 12:53,0 | 13:55,0 | 15:16,0 | 16:41,0 | 20:59,0 | 23:17,0 | 24:58,0 | 25:48,0 | 30:05,0 | 33:37,0 | |
| WKS Wawel Kraków | | 1:44,0 | 2:47,0 | 2:38,0 | 2:54,0 | 2:50,0 | 1:02,0 | 1:21,0 | 1:25,0 | 4:18,0 | 2:18,0 | 1:41,0 | 0:50,0 | 4:17,0 | 3:32,0 | |
| | | 35:26,0 | 36:02,0 | 36:23,0 | | | | | | | | | | | | |
| | | 1:49,0 | 0:36,0 | 0:21,0 | | | | | | | | | | | | |
| 2 Kurtycz Natalia | 45:19,0 | 2:19,0 | 5:41,0 | 8:03,0 | 11:48,0 | 14:57,0 | 15:57,0 | 17:34,0 | 18:48,0 | 24:40,0 | 27:29,0 | 30:51,0 | 31:52,0 | 37:13,0 | 41:58,0 | |
| WKS Wawel Kraków | | 2:19,0 | 3:22,0 | 2:22,0 | 3:45,0 | 3:09,0 | 1:00,0 | 1:37,0 | 1:14,0 | 5:52,0 | 2:49,0 | 3:22,0 | 1:01,0 | 5:21,0 | 4:45,0 | |
| | | 44:11,0 | 44:58,0 | 45:19,0 | | | | | | | | | | | | |
| | | 2:13,0 | 0:47,0 | 0:21,0 | | | | | | | | | | | | |
| Moniak Zofia | nkl | 2:56,0 | 7:04,0 | 21:38,0 | 26:01,0 | 30:24,0 | 32:31,0 | 39:19,0 | 42:20,0 | 48:59,0 | 53:31,0 | 55:28,0 | 56:43,0 | ----- | ----- | |
| LKS Górzanka Nawojowa Góra | | 2:56,0 | 4:08,0 | 14:34,0 | 4:23,0 | 4:23,0 | 2:07,0 | 6:48,0 | 3:01,0 | 6:39,0 | 4:32,0 | 1:57,0 | 1:15,0 | | | |
| | | 1:29:34,0 | 1:30:40,0 | 1:31:02,0 | | | | | | | | | | | | |
| | | 32:51,0 | 1:06,0 | 0:22,0 | | | | | | | | | | | | |

| M16 (4) | 3,8 km 0 m | 16 PK | | | | | | | | | | | | | |
|-----------------------------------|------------------|----------------|----------------|----------------|---------------|---------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|
| L.p. | Imię i nazwisko | Czas | | | | | | | | | | | | | |
| | | 1(46) | 2(32) | 3(40) | 4(34) | 5(39) | 6(37) | 7(42) | 8(53) | 9(43) | 10(44) | 11(35) | 12(36) | 13(38) | 14(50) |
| | | 15(58) | 16(60) | Meta | | | | | | | | | | | |
| 1 Pudełek Błażej | 38:40,0 | 1:16,0 | 3:25,0 | 5:09,0 | 7:34,0 | 9:40,0 | 12:59,0 | 15:06,0 | 19:54,0 | 20:42,0 | 21:48,0 | 23:45,0 | 25:12,0 | 27:22,0 | 36:11,0 |
| LKS Górzanka Nawojowa Góra | | 1:16,0 | 2:09,0 | 1:44,0 | 2:25,0 | 2:06,0 | 3:19,0 | 2:07,0 | 4:48,0 | 0:48,0 | 1:06,0 | 1:57,0 | 1:27,0 | 2:10,0 | 8:49,0 |
| | | 37:46,0 | 38:21,0 | 38:40,0 | | | | | | | | | | | |
| | | 1:35,0 | 0:35,0 | 0:19,0 | | | | | | | | | | | |
| 2 Żesławski Mateusz | 48:49,0 | 2:06,0 | 5:27,0 | 7:56,0 | 11:49,0 | 14:15,0 | 16:39,0 | 19:03,0 | 24:11,0 | 25:45,0 | 28:11,0 | 32:27,0 | 34:05,0 | 36:49,0 | 45:04,0 |
| WKS Wawel Kraków | | 2:06,0 | 3:21,0 | 2:29,0 | 3:53,0 | 2:26,0 | 2:24,0 | 2:24,0 | 5:08,0 | 1:34,0 | 2:26,0 | 4:16,0 | 1:38,0 | 2:44,0 | 8:15,0 |
| | | 47:42,0 | 48:31,0 | 48:49,0 | | | | | | | | | | | |
| | | 2:38,0 | 0:49,0 | 0:18,0 | | | | | | | | | | | |
| 3 Wójcik Paweł | 52:44,0 | 1:54,0 | 5:04,0 | 8:06,0 | 11:33,0 | 14:21,0 | 17:21,0 | 21:51,0 | 23:21,0 | 25:31,0 | 29:08,0 | 31:37,0 | 33:59,0 | 39:29,0 | 49:15,0 |
| WKS Wawel Kraków | | 1:54,0 | 3:10,0 | 3:02,0 | 3:27,0 | 2:48,0 | 3:00,0 | 4:30,0 | 1:30,0 | 2:10,0 | 3:37,0 | 2:29,0 | 2:22,0 | 5:30,0 | 9:46,0 |
| | | 51:44,0 | 52:23,0 | 52:44,0 | | | | | | | | | | | |
| | | 2:29,0 | 0:39,0 | 0:21,0 | | | | | | | | | | | |
| 4 Stachura Jan | 1:21:45,0 | 2:32,0 | 9:16,0 | 18:31,0 | 22:23,0 | 27:35,0 | 31:11,0 | 34:12,0 | 35:40,0 | 37:33,0 | 43:43,0 | 55:39,0 | 58:12,0 | 1:02:16,0 | 1:18:04,0 |
| WKS Wawel Kraków | | 2:32,0 | 6:44,0 | 9:15,0 | 3:52,0 | 5:12,0 | 3:36,0 | 3:01,0 | 1:28,0 | 1:53,0 | 6:10,0 | 11:56,0 | 2:33,0 | 4:04,0 | 15:48,0 |
| | | 1:20:40,0 | 1:21:23,0 | 1:21:45,0 | | | | | | | | | | | |
| | | 2:36,0 | 0:43,0 | 0:22,0 | | | | | | | | | | | |

| | | | | | | | | | | | | | | | |
|----------------|-------------------|--------------|--|--|--|--|--|--|--|--|--|--|--|--|--|
| K18 (5) | 4,2 km 0 m | 18 PK | | | | | | | | | | | | | |
|----------------|-------------------|--------------|--|--|--|--|--|--|--|--|--|--|--|--|--|

| K35 (7) | | 3,3 km 0 m | | 16 PK | | | | | | | | | | | | |
|----------------------|---|------------|-----------|-----------|---------|---------|---------|---------|---------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| L.p. Imię i nazwisko | | Czas | | | | | | | | | | | | | | |
| | | 1(46) | 2(32) | 3(40) | 4(34) | 5(39) | 6(36) | 7(37) | 8(35) | 9(44) | 10(43) | 11(53) | 12(42) | 13(49) | 14(50) | |
| | | 15(58) | 16(60) | Meta | | | | | | | | | | | | |
| 1 | Grabowska Joanna WKS Wawel Kraków | 40:47,0 | 2:12,0 | 5:34,0 | 8:23,0 | 11:46,0 | 14:39,0 | 15:37,0 | 17:37,0 | 20:06,0 | 23:40,0 | 26:11,0 | 28:08,0 | 29:23,0 | 33:58,0 | 37:37,0 |
| | | 2:12,0 | 3:22,0 | 2:49,0 | 3:23,0 | 2:53,0 | 0:58,0 | 2:00,0 | 2:29,0 | 3:34,0 | 2:31,0 | 1:57,0 | 1:15,0 | 4:35,0 | 3:39,0 | |
| | | 39:42,0 | 40:23,0 | 40:47,0 | | | | | | | | | | | | |
| | | 2:05,0 | 0:41,0 | 0:24,0 | | | | | | | | | | | | |
| 2 | Topór Monika WKS Wawel Kraków | 48:11,0 | 2:15,0 | 5:34,0 | 8:02,0 | 12:09,0 | 15:18,0 | 16:32,0 | 21:52,0 | 23:27,0 | 26:33,0 | 30:41,0 | 35:42,0 | 36:57,0 | 41:25,0 | 45:11,0 |
| | | 2:15,0 | 3:19,0 | 2:28,0 | 4:07,0 | 3:09,0 | 1:14,0 | 5:20,0 | 1:35,0 | 3:06,0 | 4:08,0 | 5:01,0 | 1:15,0 | 4:28,0 | 3:46,0 | |
| | | 47:12,0 | 47:50,0 | 48:11,0 | | | | | | | | | | | | |
| | | 2:01,0 | 0:38,0 | 0:21,0 | | | | | | | | | | | | |
| 3 | Słońska Bogusława WKS Wawel Kraków | 54:46,0 | 2:49,0 | 7:12,0 | 15:39,0 | 19:56,0 | 23:57,0 | 25:15,0 | 27:36,0 | 30:17,0 | 34:37,0 | 37:22,0 | 39:13,0 | 40:26,0 | 45:51,0 | 50:50,0 |
| | | 2:49,0 | 4:23,0 | 8:27,0 | 4:17,0 | 4:01,0 | 1:18,0 | 2:21,0 | 2:41,0 | 34:37,0 | 37:22,0 | 39:13,0 | 40:26,0 | 45:51,0 | 50:50,0 | |
| | | 53:20,0 | 54:18,0 | 54:46,0 | | | | | | | | | | | | |
| | | 2:30,0 | 0:58,0 | 0:28,0 | | | | | | | | | | | | |
| 4 | Olińnyk Kateryna WKS Wawel Kraków | 56:07,0 | 2:37,0 | 6:59,0 | 12:25,0 | 18:24,0 | 23:01,0 | 24:30,0 | 26:45,0 | 28:52,0 | 33:47,0 | 36:07,0 | 38:31,0 | 39:43,0 | 47:28,0 | 52:20,0 |
| | | 2:37,0 | 4:22,0 | 5:26,0 | 5:59,0 | 4:37,0 | 1:29,0 | 2:15,0 | 2:07,0 | 4:55,0 | 2:20,0 | 2:24,0 | 1:12,0 | 7:45,0 | 4:52,0 | |
| | | 54:45,0 | 55:42,0 | 56:07,0 | | | | | | | | | | | | |
| | | 2:25,0 | 0:57,0 | 0:25,0 | | | | | | | | | | | | |
| 5 | Masłowska Brygida LKS Górzanka Nawojowa Góra | 1:23:51,0 | 4:51,0 | 12:57,0 | 16:34,0 | 24:24,0 | 35:44,0 | 40:05,0 | 42:18,0 | 47:04,0 | 53:03,0 | 56:12,0 | 1:04:31,0 | 1:06:00,0 | 1:12:08,0 | 1:18:52,0 |
| | | 4:51,0 | 8:06,0 | 3:37,0 | 7:50,0 | 11:20,0 | 4:21,0 | 2:13,0 | 4:46,0 | 5:59,0 | 3:09,0 | 8:19,0 | 1:29,0 | 6:08,0 | 6:44,0 | |
| | | 1:22:17,0 | 1:23:24,0 | 1:23:51,0 | | | | | | | | | | | | |
| | | 3:25,0 | 1:07,0 | 0:27,0 | | | | | | | | | | | | |
| 6 | Mirek Danuta LKS Górzanka Nawojowa Góra | 1:31:05,0 | 3:33,0 | 9:16,0 | 28:30,0 | 35:10,0 | 42:13,0 | 46:13,0 | 48:28,0 | 53:08,0 | 58:56,0 | 1:02:25,0 | 1:10:29,0 | 1:12:05,0 | 1:18:47,0 | 1:26:16,0 |
| | | 3:33,0 | 5:43,0 | 19:14,0 | 6:40,0 | 7:03,0 | 4:00,0 | 2:15,0 | 4:40,0 | 5:48,0 | 3:29,0 | 8:04,0 | 1:36,0 | 6:42,0 | 7:29,0 | |
| | | 1:29:38,0 | 1:30:39,0 | 1:31:05,0 | | | | | | | | | | | | |
| | | 3:22,0 | 1:01,0 | 0:26,0 | | | | | | | | | | | | |
| 7 | Olejnik Ewa WKS Wawel Kraków | 1:34:33,0 | 2:38,0 | 42:55,0 | 45:29,0 | 52:26,0 | 55:21,0 | 56:16,0 | 58:25,0 | 1:00:21,0 | 1:02:45,0 | 1:06:05,0 | 1:07:47,0 | 1:08:43,0 | 1:25:24,0 | 1:30:21,0 |
| | | 2:38,0 | 40:17,0 | 2:34,0 | 6:57,0 | 2:55,0 | 0:55,0 | 2:09,0 | 1:56,0 | 2:24,0 | 3:20,0 | 1:42,0 | 0:56,0 | 16:41,0 | 4:57,0 | |
| | | 1:33:12,0 | 1:34:02,0 | 1:34:33,0 | | | | | | | | | | | | |
| | | 2:51,0 | 0:50,0 | 0:31,0 | | | | | | | | | | | | |

| M35 (9) | | 4,2 km 0 m | | 17 PK | | | | | | | | | | | | |
|----------------------|---|------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| L.p. Imię i nazwisko | | Czas | | | | | | | | | | | | | | |
| | | 1(45) | 2(44) | 3(43) | 4(53) | 5(38) | 6(34) | 7(40) | 8(32) | 9(37) | 10(36) | 11(39) | 12(35) | 13(42) | 14(47) | |
| | | 15(50) | 16(58) | 17(60) | Meta | | | | | | | | | | | |
| 1 | Kaczmarek Paweł LKS Górzanka Nawojowa Góra | 40:52,0 | 2:44,0 | 4:21,0 | 6:08,0 | 7:33,0 | 9:48,0 | 13:04,0 | 15:55,0 | 18:50,0 | 22:57,0 | 24:15,0 | 25:06,0 | 26:03,0 | 29:42,0 | 35:30,0 |
| | | 2:44,0 | 1:37,0 | 1:47,0 | 1:25,0 | 2:15,0 | 3:16,0 | 2:51,0 | 2:55,0 | 4:07,0 | 1:18,0 | 0:51,0 | 0:57,0 | 3:39,0 | 5:48,0 | |
| | | 38:21,0 | 40:03,0 | 40:35,0 | 40:52,0 | | | | | | | | | | | |
| | | 2:51,0 | 1:42,0 | 0:32,0 | 0:17,0 | | | | | | | | | | | |
| 2 | Pudełek Paweł LKS Górzanka Nawojowa Góra | 41:50,0 | 3:08,0 | 5:14,0 | 6:48,0 | 8:07,0 | 10:26,0 | 14:15,0 | 17:01,0 | 20:24,0 | 23:55,0 | 25:31,0 | 26:23,0 | 27:03,0 | 30:39,0 | 36:11,0 |
| | | 3:08,0 | 2:06,0 | 1:34,0 | 1:19,0 | 2:19,0 | 3:49,0 | 2:46,0 | 3:23,0 | 3:31,0 | 1:36,0 | 0:52,0 | 0:40,0 | 3:36,0 | 5:32,0 | |
| | | 39:09,0 | 40:53,0 | 41:32,0 | 41:50,0 | | | | | | | | | | | |
| | | 2:58,0 | 1:44,0 | 0:39,0 | 0:18,0 | | | | | | | | | | | |
| 3 | Pisarek Piotr WKS Wawel Kraków | 48:32,0 | 3:26,0 | 4:47,0 | 6:34,0 | 8:41,0 | 13:03,0 | 16:29,0 | 19:00,0 | 21:49,0 | 26:51,0 | 28:37,0 | 29:55,0 | 30:47,0 | 34:24,0 | 40:35,0 |
| | | 3:26,0 | 1:21,0 | 1:47,0 | 2:07,0 | 4:22,0 | 3:26,0 | 2:31,0 | 2:49,0 | 5:02,0 | 1:46,0 | 1:18,0 | 0:52,0 | 3:37,0 | 6:11,0 | |
| | | 44:05,0 | 46:19,0 | 48:09,0 | 48:32,0 | | | | | | | | | | | |
| | | 3:30,0 | 2:14,0 | 1:50,0 | 0:23,0 | | | | | | | | | | | |
| 4 | Indyka Maciej WKS Wawel Kraków | 49:20,0 | 2:59,0 | 8:13,0 | 9:44,0 | 11:04,0 | 16:33,0 | 19:10,0 | 21:43,0 | 25:07,0 | 29:14,0 | 30:39,0 | 31:35,0 | 32:21,0 | 36:23,0 | 42:52,0 |
| | | 2:59,0 | 5:14,0 | 1:31,0 | 1:20,0 | 5:29,0 | 2:37,0 | 2:33,0 | 3:24,0 | 4:07,0 | 1:25,0 | 0:56,0 | 0:46,0 | 4:02,0 | 6:29,0 | |
| | | 46:13,0 | 48:25,0 | 48:59,0 | 49:20,0 | | | | | | | | | | | |
| | | 3:21,0 | 2:12,0 | 0:34,0 | 0:21,0 | | | | | | | | | | | |
| 5 | Szajna Robert WKS Wawel Kraków | 51:12,0 | 3:51,0 | 10:23,0 | 12:08,0 | 13:51,0 | 16:19,0 | 20:01,0 | 23:10,0 | 26:23,0 | 30:32,0 | 31:39,0 | 32:22,0 | 33:07,0 | 37:23,0 | 45:11,0 |
| | | 3:51,0 | 6:32,0 | 1:45,0 | 1:43,0 | 2:28,0 | 3:42,0 | 3:09,0 | 3:13,0 | 4:09,0 | 1:07,0 | 0:43,0 | 0:45,0 | 4:16,0 | 7:48,0 | |
| | | 48:30,0 | 50:23,0 | 50:54,0 | 51:12,0 | | | | | | | | | | | |
| | | 3:19,0 | 1:53,0 | 0:31,0 | 0:18,0 | | | | | | | | | | | |

| | | | | | | | | | | |
|---|----------------------------|---------|--------|---------|---------|---------|---------|---------|---------|---------|
| | WKS Wawel Kraków | | 3:23,0 | 3:01,0 | 3:39,0 | 5:55,0 | 12:54,0 | 2:57,0 | 2:07,0 | 0:23,0 |
| 7 | Buczak Miłosz | 38:53,0 | 2:20,0 | 19:13,0 | 22:12,0 | 25:33,0 | 35:15,0 | 37:12,0 | 38:32,0 | 38:53,0 |
| | KS Kościelec Chrzanów | | 2:20,0 | 16:53,0 | 2:59,0 | 3:21,0 | 9:42,0 | 1:57,0 | 1:20,0 | 0:21,0 |
| | Omelchenko Vladyslav | nkl | 2:41,0 | 4:30,0 | 6:49,0 | 10:28,0 | 16:56,0 | ----- | ----- | 19:18,0 |
| | WKS Wawel Kraków | | 2:41,0 | 1:49,0 | 2:19,0 | 3:39,0 | 6:28,0 | ----- | ----- | 2:22,0 |
| | Rusinek Nicholas | nkl | ----- | ----- | ----- | 15:59,0 | ----- | ----- | ----- | ----- |
| | LKS Górzanka Nawojowa Góra | | | | | 15:59,0 | | | | |

| K10N (4) | | 2,1 km 0 m | 7 PK | | | | | | | |
|----------|----------------------------|------------|--------|--------|--------|---------|---------|---------|---------|---------|
| L.p. | Imię i nazwisko | Czas | 1(51) | 2(52) | 3(41) | 4(55) | 5(59) | 6(58) | 7(60) | Meta |
| 1 | Biskupska Małgorzata | 18:57,0 | 1:57,0 | 3:56,0 | 6:05,0 | 9:51,0 | 16:11,0 | 17:47,0 | 18:36,0 | 18:57,0 |
| | WKS Wawel Kraków | | 1:57,0 | 1:59,0 | 2:09,0 | 3:46,0 | 6:20,0 | 1:36,0 | 0:49,0 | 0:21,0 |
| 2 | Podgórska Gabriela | 20:58,0 | 1:56,0 | 5:13,0 | 7:31,0 | 11:54,0 | 18:14,0 | 19:50,0 | 20:38,0 | 20:58,0 |
| | KS Kościelec Chrzanów | | 1:56,0 | 3:17,0 | 2:18,0 | 4:23,0 | 6:20,0 | 1:36,0 | 0:48,0 | 0:20,0 |
| 3 | Masiowska Marika | 32:33,0 | 2:42,0 | 5:29,0 | 9:44,0 | 16:41,0 | 28:29,0 | 31:06,0 | 32:06,0 | 32:33,0 |
| | LKS Górzanka Nawojowa Góra | | 2:42,0 | 2:47,0 | 4:15,0 | 6:57,0 | 11:48,0 | 2:37,0 | 1:00,0 | 0:27,0 |
| 4 | Biskupska Maria | 36:14,0 | 2:33,0 | 5:10,0 | 9:32,0 | 17:15,0 | 31:39,0 | 34:37,0 | 35:51,0 | 36:14,0 |
| | WKS Wawel Kraków | | 2:33,0 | 2:37,0 | 4:22,0 | 7:43,0 | 14:24,0 | 2:58,0 | 1:14,0 | 0:23,0 |